



Community Awareness And Preparedness



FLOOD

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MEASURES BEFORE FLOOD

- ◆ Make sure that people, residing in flood prone area are fully aware of dangers of flood.
- ◆ Listen instructions conveyed by media, radio or local authorities about heavy or prolonged rainfall in your area and follow strictly.
- ◆ Discuss among community members about impending dangers of flood and take preventive measures with their support.
- ◆ Mark the areas likely to be affected by flood and take preventive actions with support from the Community and local administration.
- ◆ Gather information about past incidents of flood, if any, and take protective actions.
- ◆ Gather information about high grounds nearby in your area, which can be used as shelter.
- ◆ Arrange proper drainage of flood water, and assign responsibility for its maintenance by community members.
- ◆ Inspect bundhs/embankments/roads and houses which are likely to be damaged during flood and adopt measures to repair or strengthen them with stones, trees, ballies and bags etc.
- ◆ Keep essential flood rescue equipment/stores in your possession.
- ◆ Estimate requirement and ensure availability, maintenance and proper securities of boats.
- ◆ Ensure proper preservation of portable water and its proper supply to community during flood.
- ◆ Constitute Search & Rescue Teams and develop their capabilities by providing equipment and training.

- ◆ Constitute medical aid teams, train them and ensure availability of essential medicines with them.
- ◆ Keep constant watch on flood water-level by deputing teams and also ensure early warning system.

MEASURES DURING FLOOD

- ◆ Do not panic
- ◆ Keep your essential stores, safe & dry.
- ◆ Keep in touch with local media, listen to radio and follow instructions strictly.
- ◆ Don't consume eatables contaminated by floodwater.
- ◆ Don't consume rotten food either kept in house or received from other sources.
- ◆ Don't eat meat of dead animals/bird.
- ◆ Drink only directly collected rain water after boiling till potable water is supplied/available.
- ◆ Don't use water from Wells or Ponds till declared safe.
- ◆ Keep children safe and don't allow them to swim or play in flood water.
- ◆ Be alert/vigilant against snakes/scorpions and other poisonous insects.
- ◆ Don't take vehicle on water flooded road without collecting proper information about its depth/current.
- ◆ Leave vehicle and take shelter at high raised ground once trapped in flood water.
- ◆ Ensure boats are not over loaded and unattended.
- ◆ Avoid unnecessary movement in flood water and in case unavoidable, try to move only on dry and stable land to avoid danger from damaged/naked wire buried underneath water by taking protections from poisonous insects.

MEASURES AFTER FLOOD

- ◆ Discuss with neighbors before deciding to return to village/home.
- ◆ Don't follow alternate route but follow defined/marked route.
- ◆ Keep updated about latest radio broadcast recording present situation of flood.
- ◆ Take care of debris left behind in flood as the poisonous insects generally shelter or sharp edged pieces of glasses etc. may caused injury.
- ◆ Use mosquito nets while sleeping.
- ◆ Keep distance from area prone the land slide, river bends and houses vacated from security point of view.
- ◆ Do not allow children to enter the house once flood water recedes unless/until same is checked and found safe by adults.
- ◆ Don't switch on electrical connections till flood affected house is fully dried up.
Ensure spreading of lime/bleeching powder,
- ◆ D.D.T. etc. in and around your house.
- ◆ Enure the dead animals/birds etc. are buried properly to avoid spread of epidemic.
- ◆ Take medicine/injections and other precautions as advised by local medical authorities.

GUIDELINES TO BE FOLLOWED BEFORE LEAVING THE HOUSE

- ◆ React only as per plan prepared by local authority / community.
- ◆ Inform neighbor and responsible persons of the community before moving out from the house. Also indicate your destination.
- ◆ Keep your valuable and important documents/papers at safety place/custody.
- ◆ Keep your furniture & other personal belongings at safe height keeping flood level in mind.
- ◆ Switch off the Cooking-Gas, electric and Water supply system.
- ◆ Keep all electrical gadgets/appliances at proper height to avoid contact from flood water.
- ◆ Ensure all doors and windows of the house are properly closed, bolted & locked.
- ◆ Empty the refrigerator/Freezer, remove its plug from the socket and keep its doors opened.
- ◆ Carry emergency items/stores specially Radio, Torch, Candle, Matchbox, Medicine etc. while leaving the house.
- ◆ Adopt safer routs and take proper care of children, disabled and elderly persons.

EMERGENCY ITEMS / STORES

- ◆ Radio & Torch with battery
- ◆ Candle & Matchbox (waterproof if available).
- ◆ Clean drinking water and non perishable ready to eat food items.
- ◆ Medicines for common cold, dysentery, headache, fever etc.
- ◆ Waterproof bag for clothes and valuables.

HELP TO DROWNING PERSON

- ◆ Never go close to the drowning person.
- ◆ Throw rope or stick near him/her and gradually pull once has caught.
- ◆ Use trained man for rescue.
- ◆ Clear his/her mouth and respiratory system for smooth breathing once rescued.
- ◆ Provide mouth-to-mouth resuscitation.
- ◆ Open his wet cloth and keep him warm. Shift him/her to nearby hospital.

